



Erie St. Clair
Regional Cancer Program
in partnership with Cancer Care Ontario

MEDIA ADVISORY

For Immediate Release
January 15, 2019

Cancer Program Launching Expanded Exercise Program for Patients

WINDSOR, ON. The Erie St. Clair Regional Cancer Program (ESCRCP) is partnering with eight regional fitness centres to offer patients more options for exercising throughout the cancer journey.

Join us at the program launch to get more information about the program, how it works and where to register.

In addition, specially trained fitness instructors will lead former participants of the program in a demonstration of how to ease back into exercise after cancer treatments.

DATE: January 16, 2019
LOCATION: Windsor Regional Hospital, Met Campus Auditorium
TIME: 11 am

SPEAKERS:

- Monica Staley Liang, Regional Vice President, Erie St. Clair Cancer Program
- Houida Kassem, Executive Director, Windsor Cancer Centre Foundation
- Diane Marley, Survivor and Co-chair, Patient and Family Advisory Committee
- Dr. Sindu Kanjeekal, Chief, Department of Oncology, Windsor Regional Hospital

Chad Sutherland, Director of Operations Centre for Human Performance & Health at the University of Windsor and Sandra Ondracka, Campus Recreation Coordinator, will lead the group demonstration.

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For more information, please contact:

Allison Johnson
Manager of Communications, Windsor Regional Hospital
519-995-0577
Allison.Johnson@wrh.on.ca